

Permits, entry fees and trekking seasons

When trekking you need to buy different permits and pay different entry fees depending on the area you are visiting. This table gives information about the different permits needed and shows the best trekking season for some of the most popular trekking areas in Nepal.

Permit acronyms

ACAP: Annapurna Conservation Area Project permit KCA: Kanchenjunga Conservation Area permit NMA: Nepal Mountaineering Association

LNP: Langtang National Park permit

MBNP: Makalu-Barun National Park permit

(NMA permit only required if climbing)

MCAP: Manaslu Conservation Area Project permit

SNP: Sagarmatha National Park permit

STP: Special Trekking Permit

TIMS: Trekkers Information Management System permit

AREA	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec	PERMIT TYPE
Annapurna Base Camp	Trek from mid Jan to last week of Dec												TIMS & ACAP
Annapurna Circuit													TIMS & ACAP
Dhaulagiri						Monsoon			Don't trek last week of Nov				TIMS & ACAP
Dolpo													STP
Everest Base Camp & Gokyo							Monsoon						TIMS & SNP
High Pass Trek (Sherpa Nicole)							Monsoon						TIMS & SNP
Kali Gandaki													TIMS & ACAP
Kanchenjunga							Monsoon						TIMS & ACAP
Langtang													TIMS & LNP
Makalu Base Camp							Monsoon						TIMS & MBNP
Manaslu							Monsoon						MCAP, ACAP, STP
Nar-Phu Valley													ACAP & STP
Rowlaling							Monsoon						TIMS & NMA
Upper Mustang													ACAP & STP

Made by Ana María Díaz Attyde, Volunteer at KEEP with the assistance of Saroj Neupane, March 2010.

Key

	Best time to trek but always check weather forecast for areas with high passes during the winter months
Monsoon	Trekking in the monsoon is not recommended due to the risk of landslides and cancelled flights or blocked roads
	Winter - only trek if the weather permits and there is not too much snow on high passes

Trekkers Information Management System (TIMS)

From **1 April 2010** all trekkers are legally required to obtain a TIMS card before they enter any trekking route or region in Nepal.

The information you provide gives the relevant Nepali authorities a record of your personal details, trekking area, trekking route, trekking agency, duration, etc. in case of emergency, and also helps them control illegal trekking operations.

Trekkers are required to keep a TIMS card with them throughout their trek along with a copy of their passport in case they are needed for verification.

Your TIMS card has to be shown to the Trekking Agencies Association of Nepal (TAAN) or Nepal Tourism Board (NTB), at national park check posts, conservation area check posts and police check posts when requested.

TIMS cards are non-transferable and valid only for single entry into an area.

Where to buy and cost

- You can buy a TIMS card through TAAN or NTB or through government registered trekking agencies.
- To obtain a TIMS card you need a copy of your passport and 2 x passport-sized photographs.
- TIMS cards cost US\$20 per person if bought directly by the trekker at the offices of TAAN or NTB. If bought through a government- registered trekking agency they cost US\$10.

Nepal Tourism Board (NTB) Bhrikutimandapd, Kathmandu Tel: 00977-1-4256909 E: info@ntb.org.np W: www.welcomenepal.com	NTB,Pardi, Pokhara Tel: 00977-61- 535292 Email: pntb@wlink.com.np
Trekking Agencies' Association of Nepal (TAAN) Maligaon, Kathmandu Tel: 00-977-1-442473/4440920 taan@hons.com.np or info@timsnepal.com www.taan.org.np or www.timsnepal.com	TAAN, Pokhara Chapter, Pokhara-6, Lakeside Tel: 00977-61-527033 taanpkr@yahoo.com or

TIMS cards are not required for:

- Expedition members who have the necessary permits to climb mountains
- Visitors in controlled areas permitted by the Department of Immigration
- Foreign guests invited by the Government of Nepal
- Authorities from different diplomatic missions in the country, who are holding official letter/s and travelling at their own risk
- Visitors on certain missions recommended by the concerned department of the Government

Cost of trekking permits for Conservation Areas and National Parks

Updated by KEEP March 2010, supplied by the Nepal Trekking and Travel Permit Information Centre.

Conservation Area or National Park	Trekking entry fee (per person per entry)
Annapurna Conservation Area Project * (*Double fee levied if permit issued from field checkpoints)	Foreign Nationals: NRs 2,000 SAARC Nationals: NRs 200
Kanchenjunga Conservation Area	Foreign Nationals: NRs 1,000 SAARC Nationals: NRs 200
Langtang National Park main trekking routes: 1) Langtang Valley 2) Helambu 3) Gosaikunda Lake regions	Foreign Nationals: NRs 1,000 SAARC Nationals: NRs 100
Makalu-Barun National Park	NRs 1,000
Manaslu Conservation Area	Foreign Nationals: NRs 2,000 SAARC Nationals: NRs 200
Sagarmatha National Park	NRs 1,000

Check for updated info about permits with the Nepal Trekking and Travel Permit Information Centre:

P. O. Box: 26291, Kathmandu, Nepal

Phone/Fax: 977-1-4364120

E-mail: info@nepal trekking permit.com

www.nepal trekking permit.com

Cost of Special Trekking Permits (STP)

Special trekking permits are required to visit designated areas of Nepal and are issued by the Department of Immigration. These designated areas are open only for group trekkers. Permits should only be acquired through registered trekking agencies in Nepal. Resident diplomats are exempt from this type of permit. Information updated by KEEP, March 2010 from the Trekking Agencies' Association of Nepal (TAAN), 2008.

District	Area (VDC: Village Development Committee)	Trekking permit fee per person
Baihang	Kanda, Saipal, Dhuli	US\$90 for the first 7 days and thereafter US\$15 per day
Darchula	Byas VDC	US\$90 for the first 7 days and thereafter US\$15 per day
Dolakha	Gauri Shankar and Lamabagar	US\$10 per 7 days
Dolpa	Upper Dolpa	US\$500 for the first 10 days and thereafter US\$50 per day
	Lower Dolpa	US\$10 per 7 days
Gorkha	Chhekampar and Chunchet VDC (Sirdibas, Lokpa, Chumling, Chhekampar, Nile, Chhule)	From Sep to Nov US\$35 for first 8 days From Dec to Aug US\$25 for first 8 days
	Manaslu	From Sep to Nov US\$70 for the first 7 days and thereafter US\$10 per day From Dec to Aug US\$50 for the first 7 days and thereafter US\$7 per day
Humla (Simikot and Yari)	Limi and Muchu VDC and area to Tibet via Tangekhola, Darma VDC	US\$50 for the first 7 days and thereafter US\$7 per day
Manang	Nar, Phu and Northern area of Tilche village, Thochhe VDC	From Sep to Nov US\$90 per 7 days From Dec to Aug US\$75 per 7 days
Mugu	Mugu, Dolpu, Pulu and Bhangri	US\$90 for the first 7 days and thereafter US\$15 per day
Mustang	Upper Mustang	US\$500 for the first 10 days and thereafter US\$50 per day
Rasuwa	Thuman and Timure	US\$10 per 7 days
Sankhuwasabha	Makalu region (Kimathanka, Chepuwa, Hatiya and Pawakhola VDC)	US\$10 per 7 days for the first 4 weeks and thereafter US\$20 per 7 days
Solukhumbu	Everest region (all North-West areas from Thame to Nangpala of Namche VDC)	US\$10 per 7 days for the first 4 weeks and thereafter US\$20 per 7 days
Taplejung	Kanchenjunga region (Olangchunggola, Lelep, Papung and Yamphudin VDC)	US\$10 per 7 days